

Psychology & Counselling

Course Information

Psychology, Counselling & Mental Health Bundle

OVERVIEW

Grow your knowledge with The Career Academy Ireland's exceptional Psychology and Counselling & Mental Health Bundle. Explore the nature of stress, its effects on your body, and effective ways to handle it. Learn about the influence of various environments on behaviour. Dive into the realms of psychology and counselling with our educational bundle. Learn practical communication techniques and enhance your confidence to support individuals facing mental health issues.

Our expansive mental health certificate covers workplace mental health, suicide intervention, ethical responsibilities, and more. This course is more than a qualification — it's a journey towards a better understanding of the world. Ready for a learning adventure? Enrol today.

- Discover how your body reacts to stress
- Learn ways family, school & the wider world produce behaviours
- Start a journey towards training in Psychology or Counselling
- Learn what it takes to work in the mental health field

Ready to become unstoppable?
Enrol now and start your journey today.

[Enrol Now](#)[Course Content](#)

INVESTMENT

€499+ GST

upfront payment; or
€599+ GST with a €25 a week
interest free payment plan

COURSE DURATION

220 hours

COURSE TIMEFRAME

12 months