

Psychology and Counselling

Course Information

## Certificate in Psychology & Counselling

### OVERVIEW

Understand positive ways to manage & motivate others

Begin a certificate course in counselling & psychology to explore effective communication skills and conflict resolution techniques. Learn who works in the therapy and counselling sectors and what constitutes the appropriate use of psychoanalysis. Discover how group behaviour and decision-making work with this Certificate in Counselling & Psychology, define abnormal behaviour and learn the difference between acute and chronic stress. Look into possible scenarios that lead to substance abuse and identify some symptoms of mental health issues. Enrol today and work towards a Certificate in Psychology & Counselling and a better understanding of the world.

- Discover how your body reacts to stress
- Learn ways family, school & the wider world produce behaviours

Ready to become unstoppable?  
Enrol now and start your journey today.

[Enrol Now](#)[Course Content](#)

### INVESTMENT

# €349

upfront payment; or  
€499 with a €25 a week  
interest free payment plan

### COURSE DURATION

# 80 hours

### COURSE TIMEFRAME

# 6 months