

Certificate in Counselling

OVERVIEW

Understand yourself better & help others to grow

Start a Certificate in Counselling skills to understand what drives you. Learn ways your reactions may be connected to the broader psyche, and use your counselling skills course to explore the treatments and approaches used in fields like psychiatry and counselling. Engage with practical counselling and helping skills, and cover humanistic therapy, an investigation of common psychiatric disorders, and critical counselling skills training you might develop to become an effective counsellor. Learn about defence mechanisms, psychoanalytic techniques, and counselling approaches. Enrol in a Certificate in Counselling skills online and discover what makes you tick.

- Identify what is referred to as a 'micro-skill' in counselling skills and studies
- Understand skills used in counselling and how it should function

Ready to become unstoppable?
Enrol now and start your journey today.

Enrol Now

Course Content

INVESTMENT

€399

upfront payment; or
€499 with a €25 a week
interest free payment plan

COURSE DURATION

100 hours

COURSE TIMEFRAME

6 months