

Psychology and Counselling

Course Information

Certificate in Adolescent Psychological Development

OVERVIEW

Define yourself and learn to help others

Learn about psychological changes in adolescence, explore your own growth, and understand the development process of adolescents in your sphere. Look at how adolescents operate in society, what development theories can be applied to their growth, and how different types of parental discipline function. Gain knowledge around mental health issues in adolescence, psychology frameworks that help explain sexual, moral and social development in teens and look at why bullying and behavioural problems occur – and how you might positively address these issues. Enrol and develop an understanding of psychological well-being in adolescence.

- Understand how to apply the Nine C's of Decision Making
- Discover high-order thought processes
- Build confidence in relating to adolescents – great upskilling for teachers & parents

Ready to become unstoppable?
Enrol now and start your journey today.

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INVESTMENT

€399

upfront payment; or
€499 with a €25 a week
interest free payment plan

COURSE DURATION

90 hours

COURSE TIMEFRAME

6 months