

Psychology & Counselling

Course Information

Psychology & Mental Health Bundle

OVERVIEW

Step up your learning journey with The Career Academy's Psychology and Mental Health Bundle.

Discover stress, its impact on your body, and practical management techniques. Understand how different environments shape behaviour. Our educational bundle takes you through the nuances of psychology and counselling. Learn practical communication techniques and boost your confidence to help those battling mental health issues.

Our mental health certificate includes workplace mental health, suicide intervention, ethical responsibilities, and more. This course is more than a certificate—it's your key to understanding the world better.

Ready to broaden your knowledge? Enrol today

Ready to become unstoppable?
Enrol now and start your journey today.

[Enrol Now](#)[Course Content](#)

INVESTMENT

\$1,195+ GST

upfront payment; or
\$1,799 + GST with a \$29 a week
interest free payment plan

COURSE DURATION

220 hours

COURSE TIMEFRAME

12 months