

Psychology & Counselling

Course Information

Certificate in Anger Management

OVERVIEW

Anger affects us all. Whether it's the pressures of work, family life, or just having something go wrong during the day, anger is a fundamental part of being human. But in some cases this anger can be detrimental to people's lives. The Certificate in Anger Management covers the causes of pathological anger, and some of the ways that anger can be managed and addressed including cognitive behavioural therapy and counselling.

Ready to become unstoppable?
Enrol now and start your journey today.

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INVESTMENT

\$995 + GST

upfront payment; or
\$1,295 + GST with a \$25 a week
interest free payment plan

COURSE DURATION

100 hours

COURSE TIMEFRAME

6 months